



Golf Fund-Raiser

Every third Friday of April we hold a golf tournament at Smyrna's National Golf Course.

We look for players, donations (door prizes) and more to help make our biggest fund-raiser of the year a success.



CITY OF LA VERGNE

LA VERGNE PAL

Police Athletic League

www.lavergnepoliceathleticleague.blogspot.com

POLICE ATHLETIC LEAGUE

PO Box 905
La Vergne, Tennessee 37086

Phone: 615-287-8730
Fax: 615-793-2683

E-mail: pal@lavergne.org

Come join our group — it's open for kids 7–17 and is a community-family group that's based around bringing the family together in fun and relaxing activities. We also offer homework help, character building and theatre. We have a golf tourney every spring that's our main fund-raiser for the year. Volunteers are welcomed and encouraged.

Look inside this brochure for more information.

2010



Protect your child from predators— for ages 7-12

radKids® Self Empowerment Class

Through radKids® training, children become empowered, learning to replace the fear, confusion, and panic of dangerous situations with confidence, personal safety skills and self-esteem. Through this hands-on educational program the lives of children are being saved. radKIDS®, as an organization, is dedicated to empowering parents, educators, police officers, and other child safety advocates in their communities with the "gift" of the radKIDS® program by training those interested in becoming structures in their own communities.



Parents and Kids Bowling League

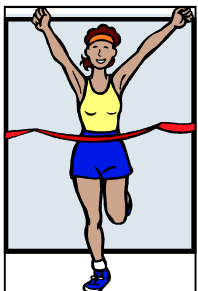
This allows families to spend time having fun together in a hectic world we live in. On Sunday afternoon in January through March families come together and bowl at the Smyrna Bowling Center. Families from different walks of life getting to know each other and having fun.

Runs January thru March



Teens Motivating Teens

Teens from the North end of county meet twice a month. Topics discussed girl's and boy's issues, educational training, community service and character building education. This group is for teens motivating other teens to be good citizens and leaders for tomorrow.



PAL Pacers Track Team

Track practice Tuesdays and Thursday at 6 p.m. at Sharps Springs Park or La Vergne Veterans Memorial Park. The races are held on Saturdays.

For ages 9—17

PAL Food Baskets for the Needy

PAL makes food baskets for the needy in mid-December. Drop canned food items off at the Library, Senior Center or Police Department. Thank you in advance for your help with this program.



PAL Drama/Theatre group will begin in Spring/Summer 2010

We have done five plays over the last few years. Kids 9-17 are welcome to attend.



The cast of Tom Sawyer.

Homework help/Tutoring for kids in community

We meet at the La Vergne Library after the first six weeks of school for academics, report writing, reading and writing.



The La Vergne PAL mission statement:

"We're building leaders for tomorrow by helping to rebuild the family unit."

Thank you for supporting your local PAL.