

**PAL YOUTH/ FAMILIES**

# **RADKIDS SELF EMPOWERMENT CLASS**

**FREE  
CLASS**



- THURSDAY MARCH 4TH 7PM-8:30
  - FRIDAY MARCH 5TH 6:30-8:45
  - SAT. MARCH 6TH 10:30A-12 NOON
- AGES 7-12 YOA**

**PAL PROGRAMS AVAILABLE  
DRAMA/THEATRE-TEEN GROUP  
HOMEWORK HELP  
MENTORING/CHARACTER BLDG  
FAMILY BOWLING LEAGUE**

- HAVE YOUR CHILD LEARN WHAT TO DO WHEN APPROACHED BY A PREDATOR OR ABDUCTOR .
- HOW TO DEAL WITH BULLIES
- HOME FIRE AND BUS SAFETY
- GOOD/BAD UNCOMFORTABLE TOUCH
- MAKING 911 CALL FOR HELP LEARNING SAFE ZONES IN THE COMMUNITY
- SELF DEFENSE TO PROTECT YOURSELF
- SATURDAY GRADUATION

MULTI PURPOSE BLDG BEHIND LAVERGNE CITY HALL BY THE BALLFIELDS

5093 MURFREESBORO RD  
LAVERGNE, TN 37086

**PAL YOUTH/ FAMILIES**

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**BUILDING LEADERS  
BY REBUILDING  
FAMILY UNIT**

  
**Organization**