

La Vergne Senior Center  
337 Stones River Rd  
La Vergne TN, 37086

## LA VERGNE SENIOR CENTER ADVISORY COMMITTEE

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La Vergne TN, 37086  
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Find us on the web & Facebook  
Www.lavergnetn.gov  
Facebook.com/lavergneseniorcenter

Thanks Rick Autery for bringing Ace in for a visit along with his trainer. We all hope he got good marks on his testing and look forward to his next visit. He is such a beautiful dog and a gentle one.

### Advisory Committee

<i>Steve Noe, Chairman</i>	<i>(615) 490-4602</i>
<i>Rick Autery</i>	<i>(615) 545-9925</i>
<i>Roger French</i>	<i>(615) 785-9903</i>
<i>Carol Haas</i>	<i>(615) 308-1773</i>
<i>Mary Jane Skinner</i>	<i>(615) 793-6635</i>
<i>Ivy Brown</i>	<i>(615) 351-4671</i>
<i>Michael Gowing</i>	<i>(615) 828-3868</i>
<i>Melissa Joyner</i>	<i>(615) 290-0082</i>
<i>Tanisha Simmons</i>	<i>(615) 602-6550</i>
<i>Wayne Blair</i>	<i>(615) 390-8476</i>



Thank you Christy Walker for coming in and providing a service much needed for the Seniors. Those who got the cuts were very happy. We look forward to the next hair cutting and shaves (for the men) Thanks to the hair stylists for this awesome service they are providing.



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Volume 2 Issue  
SENIOR EDITION

# LA VERGNE SENIOR CENTER

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### • Special Dates

• Oct 5th 21st,  
22nd, 23rd, 24th,  
26th and  
the 29th

• So check your  
calendar



## CONGRATULATIONS

ALMA BLAKLEY (300)

The time has come that it is almost to the end of another fun filled session of our Wii Bowling that we so enjoy at the Center. We have many great bowlers each time but one that stands alone on the bowling is Ms. Alma Blakely who has numerous perfect games. I think she probably doesn't even know the counts of how many 300 games she has bowled over the years. She is always encouraging other bowlers trying to achieve that perfect game and when another bowler is able to accomplish that, Alma is always there to congratulate them. So congratulations Ms. Alma on all those 300 games, we know there will be many more in your future.



September 20, 2019 was Reading in School Day in Rutherford County Elementary Schools. Thank you to Black Fox Elementary for inviting us to come to read to one of their Special Needs Classes. It was an honor to be able to read to these awesome kids and the book with the story of The Little Engine that Could was an inspiration to show these awesome kids that they too can accomplish anything they set their minds to. What a joy they brought with their smiles and responses as they were read that story. Thank you again Black Fox....



For with  
God nothing  
shall be  
impossible.  
- Luke 1:37

INSIDE STORY HEADLINE



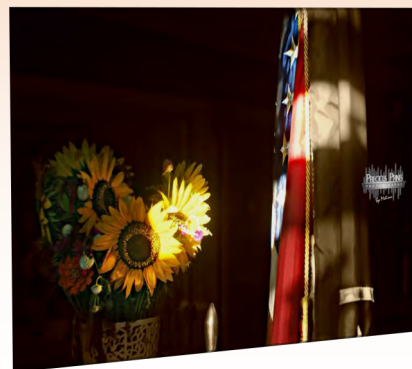
October Birthdays

- 7th—Eloise Grimes
- 10th—Linda Tomlin
- 20th—Diane Henderson
- 22nd—Melissa Cooper
- 26th—Kermit Scott



9/11./2019

What an informative day we had with Mr. Teb Batey Rutherford County Trustee who came on August 29th to go over the Property Tax Relief Program and Senior Tax Freeze with our Seniors. He brought a great deal of information about these programs and answered many questions asked by our Seniors. This is a very good program for Seniors all over the County and is well worth the time to get signed up for it. Thank you Mr. Batey for spending time with our Seniors.



Such a tragic day 18 years ago but we decided to make this day another way to celebrate instead of only remembering the sadness we all felt that day. We decorated with many flags, we prayed for all those lost that day, we honored those who gave of themselves to do whatever they could do to help and then we celebrated our Seniors to show our appreciation for all they have given throughout their lives. We ate, we danced, we had guests such as Mayor Cole, our friends from LFD came and joined us in our celebration. We had such an awesome party and also want to thank the many volunteers who helped us pull this off. Thanks Rick Autery for being the stand in DJ until Alderman Noe got there. And most of all thank all of our Seniors for coming out.



MELISSA COOPER SENIOR CENTER COORDINATOR  
LINDA TOMLIN PROGRAM ASSISTANT

		1 OTF Preparations	2 Lunch: Bring your Lunch  OTF preparations	3 Center will be Closed for making pies for OTF	4 Packing things for OTF Volunteers Needed	5 OTF Bus will run Time to be determined
6	7 10am Bible Study  Clean up day after OTF	8 10:am Wii Bowling Awards  Big Ball Exercise	9 11:30-Lunch Build your Sand- wich day. Fruit & Chips	10 Donation for Dogs 12-noon Groogan Ins Bingo	11  CLOSED	12
13	14 10am Bible Study Bean Bag Baseball Choir Practice	15 Sing Along Big Ball Exercise	16 Lunch-11:30am	17 Cards & Games  12-noon Bingo	18  CLOSED	19
20	21 10am Bible Study  Check Blood Pressure	22  Movies & Dinner	23 Lunch: Meatloaf Mashed Potatoes and Green Beans Chair Massage	24 10am- Rita with Well Care Will do an Ice Cream Social 12noon-Bingo	25  CLOSED	26 Trail of Treats
27	28 10am Bible Study  11:Potluck 12:Scoops	29 Seminar With Cigna Su- san Highfill	30 Halloween Party	31 10am-Cornhole  12 noon-Bingo		