

La Vergne Senior Center
337 Stones River Rd
La Vergne TN, 37086

Mailing Address
294 Sand Hill Road
La Vergne TN, 37086
Phone: (615) 793-3048

Find us on the
web & Facebook
www.lavergnetn.gov
[Facebook.com/
lavergneseniorcenter](https://www.facebook.com/lavergneseniorcenter)

Just to let everyone know what a great Thanksgiving Luncheon we had. Great Food Good music to dance to by Alderman Noe and beautiful decorations made by some of our Seniors. Thanks to all of our many Seniors & Board Members for your help and to David McGowen and Parks and Rec for always being there to help us serve everyone and to the clean up crew who always help clean up afterwards....We love you all.



Advisory Committee

<i>Steve Noe</i>	<i>(615) 490-4602</i>
<i>Rick Autery</i>	<i>(615) 545-9925</i>
<i>Roger French</i>	<i>(615) 785-9903</i>
<i>Carol Haas</i>	<i>(615) 308-1773</i>
<i>Mary Jane Skinner</i>	<i>(615) 793-6635</i>
<i>Ivy Brown</i>	<i>(615) 351-4617</i>
<i>Michael Gowing</i>	<i>(615) 828-3868</i>
<i>Melissa Joyner</i>	<i>(615) 290-0082</i>
<i>Tanisha Durham</i>	<i>(615) 602-6550</i>
<i>Wayne Blair</i>	<i>(615) 390-8476</i>



December 2019 News Letter

LA VERGNE SENIOR CENTER

MERRY CHRISTMAS

A CHRISTMAS LETTER TO OUR SENIORS

Dear Seniors,

This is our Christmas message we would like to share to let each of you know how special you are to us and how much we love and appreciate each of you. Never in our imagination would we have ever thought that we would be led to (what some would call a job) but what we consider a blessing, to be able to come here on a daily basis and be with such wonderful people. The impact on our lives is one that has brought on so many new memories that we will have the rest of our lives, one where we are always thinking of new things to do while we are here and we take it home with us and are always talking about ways we can make this center the best center around even though we already think that it is. We want to wish each of you the Merriest of Christmases this year and we look forward to a New Year and a year that we continue to grow. And we Thank God that he has blessed our Center and us for the opportunity to have the new family that we now have.

With Love

Melissa & Linda

We are so looking forward to our 1st ever overnight trip, we will be leaving December 3rd at 8am for departure to Gatlinburg, TN from the La Vergne Library. We will have 2 nights lodging with 4 meals, 2 breakfast and 2 dinners. Dinner Shows will be The Hatfield-McCoy Show and Show & Soul of Motown. One evening show, Christmas at the Smoky Mountain Opry and then one morning Show, The Magic Beyond Belief, we will also have free admission to the Titanic, the World's Largest Museum Attraction and we will have free time in Historic Downtown Gatlinburg and some free time at the Island in Pigeon Forge and a trip to the Christmas Palace for some shopping. This will be many of our Seniors first trip to the Mountains and we are looking forward to the new memories we will be making on this trip.



December Birthdays

7th Hedy Phillips
 12th Elvia Perez
 23rd Cynthia Henson,
 Linda Walker

25th JESUS CHRIST
 Happy Birthday to you

A candymaker in Indiana wanted to make a candy to help us remember what Christmas is all about. He made a Christmas Candy Cane. He began with a stick of pure white hard candy; white for the purity and sinless nature of Jesus and hard candy to symbolize the solid rock foundation of the Church and strength of the promise of God. He made it in the form of a "J" for Jesus and to represent the staff of the Good Shepherd. He included red stripes to represent the suffering Christ endured at the end of his life.

Santa & Mrs Claus
 Santa says
 "SEEING IS BELIEVING"



It is such a pleasure that each year on the day of our Christmas Party here at the center we always have a visit from Mr. and Mrs. Claus, Santa always has his lap available for the Seniors to let him know their Christmas wish and Mrs. Claus for reading us a Christmas Story. We love you Santa and Mrs. Claus!!



Melissa Cooper-Senior Center Coordinator
 Linda Tomlin- Program Assistant
 Don Bebout- Program Assistant



1	2 10-am Bible Study 11-am Rachel with Medicare 101	3 Gatlinburg Trip Center will Be Closed	4 Gatlinburg Trip Center will Be Closed	5 Gatlinburg Trip Center will Be Closed	6	7
8	9 10-am Bible Study Chair Massage Decorate the Center for CHRISTMAS	10 10-am United Healthcare Name That Tune with William Lacey	11 10-am Blood Pressure Check 11:30 am Lunch Baked Potato & Salad Bar 12-noon Choir Practice	110-am Bean Bag Baseball 12-noon BINGO	13	14
15	16 10-am Bible Study 11:30am BIG BALL EXERCISE 12:30 pm Christmas Carols With Linda	17 3 pm Dinner And going to see The Dancing Lights for Christmas	18 Center will be Closed for Preparation for Christmas Luncheon	19 12 noon Christmas Luncheon Back to the Center to clean up	20	21
22	23 10:30-am Christmas Party SPECIAL GUEST Mr & Mrs. Claus The Senior Choir SOLOIST Mr Malaki Frierson	24 Merry Christmas Eve Center is Closed	25 CHRISTMAS DAY Merry Christmas Happy Birthday JESUS	26 10am-Cards & Games 12 noon BINGO	27	28
29	30 10am-Bible Study 11:15 Potluck 12 noon Scoops	31 11 am New Years Eve Party				