



La Vergne Senior Center

November 2015



HAPPY THANKSGIVING!

Yard Sale/Craft Sale

Friday, November 13th

7am-1pm

The La Vergne Senior Center

Come get your Christmas shopping done early & support our seniors!!

Sign up now for a \$5 booth to sale your gently used treasures or homemade crafts

Call the center at (615)793-3048



Dear La Vergne Senior Center Members,
You and one guest are cordially invited to join us for...

Thanksgiving Lunch

Thursday, November 19th

11:00am

Multi-Purpose Building

5093 Murfreesboro Rd

Come enjoy an afternoon of special friends, delicious food and good entertainment!!

Tickets are required ~ \$5

Please stop by the center to sign up today!

HARRAH'S METROPOLIS

Its that time again...to hit the JACKPOT

NOVEMBER 4TH



Tuesday, November 10 at 6:00pm ~ Night Time Potluck & Bingo

Come share your favorite dish with friends

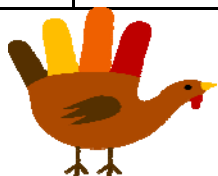
And win some neat prizes



HAPPY BIRTHDAY TO YOU!



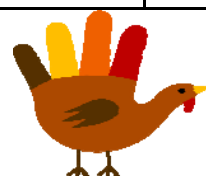
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November Birthdays						
1 	2	3	4	5 Isabelo DeRamon	6 	7 Shelby Connally Jan Frazier
8	9 Maggie Frazier	10 Regina McDuffie Dot Yager	11 Rosemary Needler	12 	13 Amel Estes William Trail	14 
15 	16 Cecil Conner Karen Yovichin	17 Dorothy VanDyke	18 	19 Bill Frazier	20 Joyce Peters 	21
22 Ellen Golden	23	24 Alice Morgan 	25	26 Margaret Chatman	27 Leona Fletcher	28 Geri Crowley
29	30					



Cassidy Ramsey-Senior Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



La Vergne Seniors ~ November Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1 	2 10am -Bible Study 11:15am-Poet Betty Merritt 12:15pm- Blankets for Hospice	3 9:30am- Week 8 Spare Time Wii Bowling 12:15pm- Standing Chair Aerobics 1pm- Self Defense	4 Harrah's Metropolis Casino 	5 10am- Snappy Pappy Entertainment 12noon- Senior Bingo Sponsored by Creekside	6 9am-3pm- Cards & Games 10am-Bean Bag Baseball 11:30am/ Lunch \$3 Brisket, Coleslaw, Potato Salad, Dessert	7 
8 	9 9am- Bible Study 10am- Scenic Drive & Lunch to Loveless Cafe	10 10am- Bowling Awards Day 11am- Chair Chi <u>Close at 1pm</u> 6:00pm- Potluck & Bingo	11 Center Closed for Regular Activities 	12 10am- Diversicare Blood Pressure Checks 11am- Donations for Dogs 12noon- Senior Bingo Sponsored by Right at Home	13 <h2 style="text-align: center;">Yard Sale & Craft Sale</h2> <h3 style="text-align: center;">7am-1pm</h3> Center Closed for Regular Activities	14 
15 	16 9am- Bible Study 10am- Lunch at Sunset Grill & Shopping at Lebanon Outlet Mall 	17 10am- Friendship Coffee/ Medicare Open Enrolment by Well Care 12noon- Senior Sing-a-long	18 Center Closed for Regular Activities 	19 <h3 style="text-align: center;">Thanksgiving Luncheon</h3> <h4 style="text-align: center;">11am-1pm</h4> Entertainment by Cowboy Dan Multi-Purpose Building 4pm Senior Advisory Board	20 9am-3pm- Cards & Games <u>Chair Massage</u> 12:45pm- Smyrna Health Department: Diabetes & Smoking	21 
22 	23 10am- Bible Study 11am- Lunch at The Cookout & Shopping at Old Time Pottery 	24 Start Decorating for Christmas!! Cookies & Hot Cocoa will be served!	25 Center Closed for Regular Activities 	26  Happy Thanksgiving	27 <h2 style="text-align: center;">Happy Black Friday Shopping!!</h2> <h3 style="text-align: center;">Center Closed</h3> 	28 
29 10am- Bible Study 11:30- Potluck 12 noon- Scoops						

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048

Find us on the Web & Facebook!!
www.lavergnetn.gov
facebook.com/lavergneseniorcenter

La Vergne Senior Center Advisory Committee

**The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.**

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Grace Murillo	(615) 732-8901
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Paula Donahue	(615) 793-7303
Doug Shafer	(615) 459-9337
Marshall Anthony	(615) 793-4270

Harvest Humor

- What do you get when a turkey lays an egg on top of a barn?
An eggroll
- Why did the scarecrow win the Nobel Prize?
Because he was out standing in his field
- Who doesn't eat on Thanksgiving?
A turkey because it is always stuffed.
- Why did they let the turkey join the band?
Because he had the drumsticks
- Why was the Thanksgiving soup so expensive?
It had 24 carrots.
- Why can't you take a turkey to church?
They use FOWL language.
- Q: What kind of music did the Pilgrims like?
Plymouth Rock
- What did baby corn say to mama corn?
Where's popcorn?

