



La Vergne Senior Center

July 2015

Hello La Vergne Seniors!

Summer is sizzlin' around us but we know a "COOL" spot where you can hang out with some cool friends... We hope you will come spend these hot July days with us at the center, and enjoy a round of Wii bowling, crafting, playing cards or "surfing" the web!!



Mark Your Calendars...

July 4- Independence Day

Fireworks Show at La Vergne Park- Begins at 6:00pm. Stop by the Senior Center tent for yummy baked goods made by The La Vergne Seniors



And I'm Proud To Be An
AMERICAN
Where At Least I Know I'm
FREE and I won't **FORGET**
The Men Who DIED
who gave that **RIGHT** to me.
And I Gladly Next To You And
STAND UP **DEFEND**
HER still *today.* **Cuz there ain't**
I **LOVE** *this land.*
God Bless the U.S.A.

La Vergne Senior Center is hosting the AARP Safe Driving Program on Wednesday, August 5th from 8:30 am until 4:30 pm
Cost for the class is \$15 for AARP members
\$20 for non- members

Please call the center to register!

Tuesday, July 14th at 6:00 PM ~ Tuesday Night Bingo & Potluck

Join us for a fun night at the senior center.

Bring your favorite dish to share!



HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July Birthdays			1 Safa Award	2 	3 Regina Farmer	4
5 Grace Murillo	6 Barbara Johnson 	7 Daisy Johnson	8 	9	10 Mildred Smith	11 Rose Nokes 
12	13 Gary Branscome	14 Virginia Durfee	15 	16 Juanita Lenoard	17 Linda Cazel 	18 Lydia Stone
19 Nagi Award	20 	21 Eunestino Soper	22 Pat Roembke	23 	24	25 Marshall Antony Nancy Pence
26 	27	28	29	30 Jean Prince Frances Carter	31 	
















Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



La Vergne Seniors ~ July Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Center Closed for Regular Activities 	2 10am Scarborough Ministries: Southern Gospel Music 12noon Senior Bingo sponsored By Creekside	3 Center Closed for 4th of July Holiday 	4 
5 	6 9:30am Shopping at Opry Mills & Lunch at Johnny Rockets	7 10am Country Breakfast courtesy of Eugene Walker & Jeff from Sevren Trent 11am OTD Craft: Eyeglass Cases (Please bring in pot holders & small	8 Center Closed for Regular Activities 	9 10am Nora w/ Avolon Hospice-Volunteer Opportunities 11:15am "Donations 4 Dogs"  12noon Senior Bingo sponsored by Right at Home	10 9am-3pm Cards & Games 10am Karaoke Fun 11:30am/ Lunch \$3 Spaghetti & Meatballs, Salad , Garlic Bread, Dessert	11 
12 	13 10:00am Bible Study 11am Lunch & Bowling at Smyrna Bowling Alley	14 10am Stretch & Balance Center Closes at 1pm 6:00pm Potluck & Bingo	15 Center Closed for Regular Activities 	16 9:30am Breakfast Club at McDonalds 12noon Senior Bingo sponsored by Senior Solutions 4:00pm Senior Advisory Meeting	17 9am-3pm Cards & Games Chair Massage 11:30am/ Lunch \$3 Pinto Beans, Turnip Greens, Fried Corn, Squash Melody, Cornbread, Dessert July Birthday Celebration	18 
19 	20 10am Bible Study 11:15am Movie & Popcorn at the Center	21 9:30am Outside Walk & Talk 11am Work on OTD craft of choice	22 Center Closed for Regular Activities 	23 10am Rhonda w/ Cigna Health Springs 12noon Senior Bingo sponsored by Christian Care	24 9am-3pm Cards & Games 11:30am/ Lunch \$3 BBQ Sandwiches, Baked Beans, Potato Salad, Dessert	25 
26 	27 10am Bible Study 11:30am -Potluck 12 noon- Scoops	28 Christmas in July 9:30am "The Night Before Christmas" Gift Swap 10:15 am Decorating Christmas Cookies 11: 30am Christmas Movie "Four Christmases"	29 Center Closed for Regular Activities 	30 10am TDOT: Transportation Plan 12noon Senior Bingo sponsored by Well Care & Exact Care Pharmacy 	31 9am-3pm Cards & Games 10am Stand Up Aerobics 11:30am/ Lunch \$3 Taco Salad, Mexican Rice, Dessert	

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048

Find us on the Web & Facebook!!
www.lavergnetn.gov
facebook.com/lavergneseniorcenter

La Vergne Senior Center Advisory Committee

The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Grace Murillo	(615) 732-8901
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Paula Donahue	(615) 793-7303
Doug Shafer	(615) 459-9337
Marshall Anthony	(615) 793-4270



Church Bulletin Bloopers



- Bertha Belch, a missionary from Africa, will be speaking tonight at Calvary Methodist. Come hear Bertha Belch all the way from Africa.
- Next Sunday Mrs. Vinson will be soloist for the morning service. The pastor will then speak on "It's a Terrible Experience."
- Don't let worry kill you off – let the church help.
- The 1991 Spring Council Retreat will be held May 10 and 11.
- At the evening service tonight, the sermon topic will be "What is Hell?". Come early and listen to our choir practice.
- Potluck supper: prayer and medication to follow.
- Tuesday at 4PM there will be an ice cream social. All ladies giving milk will please come early.
- Ushers will eat latecomers.
- Weight Watchers will meet at 7 p.m. Please use large double door at the side entrance.
- Please place your donation in the envelope along with the deceased person you want remembered.
- Applications are now being accepted for 2 year-old nursery workers.
- On a church bulletin during the minister's illness: GOD IS GOOD; Dr. Hargreaves is better.