



La Vergne Senior Center

August

Hello Sassy Seniors!!

I hope you are all enjoying our last few months of summer!! We hope you will spend your days here at the center enjoying a cold glass of sweet tea, having good conversation, and playing lots of bingo!

Crazy August Holidays...

National Catfish Month

National Peach Month

National Golf Month

National Romance Awareness Month

Aug 2- Friendship Day

Aug 8- Sneak zucchini on to your neighbors porch day

Aug 12- Middle Childs Day

Aug 21- Senior Citizens Day

Aug 25- Kiss & Make up Day

Aug 28- Race your mouse Day

Aug 30- Toasted marshmallow Day



AUGUST

Reminder...

Old Timers Day is Next Month!!

September 19th

Please join us in making homemade crafts to sell as a fundraiser for the Seniors! Thank you SOOO much to everyone who has made crafts here with us & those of you who are making lots of crafts at home. We couldn't do this without you!

La Vergne Senior Center is hosting the AARP Safe Driving Program on Wednesday, August 5th from 8:30 am until 4:30 pm
Cost for the class is \$15 for AARP members
\$20 for non-members

Please call the center to register!

Tuesday, August 11th at 6:00 PM ~ Tuesday Night Bingo & Potluck

Join us for a fun night at the senior center.

Bring your favorite dish to share!



HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August Birthdays						1 Joe Ann Mayfield
2 Robin Johnson	3 	4 Louie Mason	5 HAPPY BIRTHDAY!	6 John Holder Ann Person Shirley Smith Joyce Taylor	7	8 Zenie Terrell 
9 William Chadic Doug Holliman	10	11 	12 John Boone John Soper	13	14 	15
16 	17 Jane Vailes	18 Jacquelyn Latimore	19	20 Mary Lewis	21 	22
23 Shelby Wrather	24 Kathy Johnson	25	26	27	28 Mabel Unuigbe	29 
30 Mary Skinner	31 					



Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



La Vergne Seniors ~ August Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 
2	3 10:00am Shopping at Smyrna Colonia Square & Lunch at Cheddars	4 10am Stretch & Balance 11:30am Craft Class- OTD	5 AARP Drivers Safety Course Center Closed for Regular Activities	6 10am Exact Care Pharmacy: Medication Management 12noon -Senior Bingo w/ Creekside	7 9am-3pm Cards & Games 10am Karaoke Fun 11:30am/ Lunch \$3 Chicken Salad Croissant , Chips, Fruit Salad, Dessert	8
9 	10 10am Bible Study 11:00am Lunch & Bowling at Smyrna Bowling Alley	11 10am Chair Chi <u>Center closes at 1</u> 6:00pm Bingo/Potluck	12 Center Closed for Regular Activities 	13 10am Legal Aid-Living Wills 11:15pm " Donations for Dogs" 12noon- Senior Bingo w/ Right at Home	14 9am-3pm Cards & Games 10am Line Dancing 11:30am/ Lunch \$3 Lasagna, Salad, Garlic Bread, Dessert	15 
16 	17 10am Bible Study 11:00am Lunch at El Rodeo & Movie at Hickory 8	18 11:00am Jane Vailes 100th Birthday Party Everyone Welcome Bring a covered Dish	19 Center Closed for Regular Activities 	20 10am Diversicare- Balance Therapy Blood Pressure Checks 12noon- Senior Bingo w/ Life Care of Hickory Woods Senior Advisory Board 4:00pm	21 9am-3pm Cards & Games <u>Chair Massage</u> 11:30am/ Lunch \$3 Chicken Noodle Soup, Baked Potatoes, Dessert	22 
23 	24 9:30am Trip to Ethridge, Tn to visit the Amish Community. Lunch at the Red Rooster <u>Center Closed</u>	25 9:30am Breakfast Club: Hardee's 11:30am Old Timers Day Crafts	26 Center Closed for Regular Activities	27 10am Kathy Hines- Human Trafficking & Child Abuse 12noon- Senior Bingo w/ Christian Care	28 9am-3pm Cards & Games 11:30am/ Lunch \$3 FISH FRY Catfish, White Beans, Cole Slaw, Hush Puppies, Dessert Fish caught & provided by Eugene Walker	29 
30 	31 10am Bible Study 11:30am Potluck 12 noon Scoops					

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048

Find us on the Web & Facebook!!
www.lavergnetn.gov
facebook.com/lavergneseniorcenter

La Vergne Senior Center Advisory Committee

**The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.**

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Grace Murillo	(615) 732-8901
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Paula Donahue	(615) 793-7303
Doug Shafer	(615) 459-9337
Marshall Anthony	(615) 793-4270



Church Bulletin Bloopers



- The Rev. Merriwether spoke briefly, much to the delight of the audience.
- The pastor will preach his farewell message, after which the choir will sing, "Break Forth Into Joy."
 - Don't miss this Saturday's exhibit by Christian Martian Arts.
- Barbara remains in the hospital and needs blood donors for more transfusions. She is also having trouble sleeping and requests tapes of Pastor Nelson's sermons.
- Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.
 - The ushers will come forward and take our ties and offerings.
- The eighth-graders will be presenting Shakespeare's Hamlet in the church basement on Friday at 7 p.m. The congregation is invited to attend this tragedy.
- The concert held in Fellowship Hall was a great success. Special thanks are due to the minister's daughter, who labored the whole evening at the piano, which as usual fell upon her.
 - Low Self-Esteem Support Group will meet Thursday at 7 to 8:30p.m. Please use the back door
 - The audience is asked to remain seated until the end of the recession.
 - Remember in prayer the many who are sick of our church and community.