

Blue Skies



La Vergne Senior Citizen Center * 337 Stones River Road * (615)793-3048

Hey my friend, seems like forever since we last visited. This is one long, hot summer. I hope you are sitting near the air conditioner or in a cool shady place. Thankfully we have a dry and cool place to go. The center is always busy. Doing something or going somewhere. But if we are out, we quickly go from one cool place to another. Also please remember our seniors that are not feeling well. Sandra is getting her strength up at home now. We know she is glad to be there. Karen will be coming back soon. Loupy has been sending some good reports! Remember those that are away while visiting their other family. We miss all Miss Mae and Miss Geri.

In the meantime we are actively working on our "Old timers day" crafts. We enjoy that we can create new ideas for projects as we are knitting, painting, gluing all our new projects. As we just share new ideas and just enjoying visiting. Please remember to stop by to say hello and support the La Vergne Senior Center booth that day!

Special thanks to Lowe's and GNRC and TCAD for funds for updating and improvements for the Center. Like Lowe's supplied material for outside benches, table with umbrella tops, flowers and so much more. The monies we received GNRC AND TCAD were used to update many things that we needed all over the center. We are so Thankful and so blessed.

Our most important blessings at the center are of course Cassidy, Linda and Melissa. Plus John for picking up and delivering the food stuff that is donated. Scott is always a blessing helping the staff as needed. We do love and appreciate all of you. Thank you!

A quick reminder that AARP Driving class will be held at the center August 17th, 9am-5pm. Cost for members is \$15.00 and non members is \$20.00. Be sure to call us to be registered.

We are having so much fun with our line dancing Cassidy keeps us up and moving. We are would really be surprised how much exercise you get out of dancing and it is fun! Bean bag baseball teams has been growing by leaps and bounds. When people see how much fun and competitive it is, It gets rowdy. Nothing is more fun than to be with a bunch of rowdy old folks. Most fun than we have had for years! The Center population is really growing and we love it. We are so thankful for the La Verne folks that provide it.

Well my friend, I better shut up and get this to you. I love our little visits and sharing with you about all that is going on here. I hope you enjoy reading it as I do telling you. I get tickled too, as I am relating it all to you. Be sweet, stay healthy until we all gather together once again, under God's beautifulBlue Skies!!!

Your friend, Diane Henderson