



La Vergne Senior Center

October 2016



YARD SALE CRAFT FAIR

Friday, October 21st

7am-1pm

Inside the La Vergne
Senior Center

Come shop all your favorite holiday
crafts, Gently used treasures, or grab
some yummy baked goods!

Call the center to sign up for booth
space- 615.793.3048

Trail of treats & Movie in the Park

Saturday, October 22

2pm-4pm & 7pm

Come enjoy an afternoon of
trick or treating with your family & end the
night with a drive in movie of
Hotel Transylvania 2

Old Timer's Day was a SUCCESS!!!!

We want to give a HUGE THANK YOU
to everyone who helped out in some
way to make this years OTD great!!! We
raised lots of money for the center &
had a fun time doing it! To say thank
you, Monday October 3rd, come enjoy
some outside fun with games & grillin!


SAY
BOO
AND
SCARY
ON


IF THE
BROOM
FITS
RIDE
IT


When witches go riding
And black cats are seen,
The moon laughs and whispers
'Tis near Halloween
-Author Unknown


EAT,
DRINK
AND
BE
SCARY



HAPPY BIRTHDAY TO YOU!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Birthdays						1
2	3 Gene Kennedy Ray Taber 	4	5 Patsy Hunt 	6	7 Eloise Grimes	8 <i>Happy Birthday</i> 
9 	10 Linda Tomlin	11	12 Hester Boucher 	13 Donna Hendrix Rose Mitchell	14 	15
16	17 	18	19	20 Diane Henderson	21 Michelle Pijan	22 Melissa Cooper
23	24	25	26 Debra Smithson	27 	28 	29
30	31 Shelia Morris					



















Cassidy Ramsey— Senior Center Coordinator

Linda Tomlin— Program Assistant

Melissa Cooper—Program Assistant



La Vergne Seniors ~ October Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 	3 10am– Bible Study 11:30am Senior Appreciation Day- Grilling out, Bean Bag Baseball. & cotton candy!!	4 9:30am– Muffins, Ask the Dr. & Bingo at Life Care & out to lunch afterwards 	5 <u>Center closed for regular activities</u> 	6 10am– Wellcare Medicare Advantage 12noon– Senior Bingo 	7 9am-3pm: Cards & Games Chair Massage 10:15– entertainment from a student piano player 11:30am /Lunch/\$3 Open Face Roast Beef, Baked Potato, Lima Beans, Dessert Celebrate Birthdays 	8
9	10 10am– Bible Study 11:15am– Movie & Popcorn—Hotel Transylvania 2 	11 9:30AM– Week 5 Spare Time Wii Bowling 12noon- Standing Chair Aerobics	12 <u>Center closed for regular activities</u> 	13 10am– Oakleigh Medical– Diabetes Info & Blood Pressure Checks 12noon– Senior Bingo	14 9am-3pm: Cards & Games 10am– Sing-a-long 11:30am/ Lunch/ \$3 Pizza & Salad 	15
16	17 10am– Bible Study 12noon– Health Fair at Medowlawn 	18 9:30am– Week 6 Speare Time Wii Bowling 12noon- Outside Walk & Talk	19 <u>Center closed for regular activities</u> 	20 10am– Medicare Open Enrollment Info w/ S.H.I.P 12noon– Senior Bingo Senior Board Meeting	21 Yard Sale/ Craft Fair 7am-1pm	22 Trail of Treats 2-4pm
23	24 9:30am– Week 7 Spare Time Wii Bowling 12noon- Outside Walk & Talk 	25 11am– Lunch at Panda Express & Movie at Malco Roxy	26 <u>Center closed for regular activities</u> 	27 10am-Care All Health Fair 12noon– Senior Bingo	28 9am-3pm: Cards & Games 11:30 Potluck 12noon– Scoops 	29
30	31 Halloween Party Spooky treats, entertainment, dancing, & costume contest					

La Vergne Senior Center

Physical Address:

**337 Stones River Road
La Vergne, TN 37086**

Mailing Address:

**294 Sand Hill Road
La Vergne, TN 37086**

Phone: (615) 793-3048

Find us on the Web & Facebook!!
www.lavergnetn.gov
facebook.com/lavergneseniorcenter

La Vergne Senior Center Advisory Committee

The advisory committee meets at 4 p.m.
the third Thursday of each month
at the La Vergne Senior Center.

All senior members are invited to attend.

Meetings are open to the public.

Sherry Green, Chairman	(615) 793-6982
Kay Jones	(615) 793-9255
Ronnie Mosley	(615) 793-2469
Grace Murillo	(615) 713-9394
Mary Jane Skinner	(615) 793-6635
Tony Vanatta	(615) 485-1353
Paula Donahue	(615) 793-7303
Doug Shafer	(615) 459-9337
Marshall Anthony	(615) 793-4270

